



UpaDownna
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UpaDownna's mission is to provide access to outdoor adventures for all through events and programs that empower individuals, create healthier communities, and foster a respect for the environment.

What:

UpaDownna Paddle Boarding/Generation Wild Internship, *PAID Position funded in part by Great Outdoors Colorado (GOCO)*

Who:

Eligibility as a Generation Wild Intern is reserved for youth and young adults, residing in the Southeast Colorado Springs area. Please contact us with any questions regarding eligibility.

Position Summary:

The Generation Wild Intern will work under the supervision of UpaDownna Staff and Executive Director and will assist in paddle boarding activities at Prospect Lake in Memorial Park. Activities include set up and tear down of paddle boarding equipment, teaching basic skills to kids, playing water-based paddle board games, and helping at similar stand up paddle boarding (SUP) events. Depending on the intern's availability and interests, there may also be opportunities to help with various projects including social media, marketing, office work, event planning, volunteer outreach and other general nonprofit operations!

What you will learn:

- Stand Up Paddleboarding (SUP) basics (equipment, paddle strokes, safety, games, etc)
- How to teach the basics of SUP to an audience
- Outdoor leadership skills
- Public speaking and management skills
- Event planning and registration

Desired skills and abilities:

- Likes to have fun
- Easy going
- Coachable
- Willing to learn
- Comfortable around water (swimming skills not mandatory but must be confident in water with a life jacket on)
- Good public speaking skills or desire to learn this skill
- Ability to work outside for multiple hours at a time
- Hard worker who is motivated to do their best and put participants first

Schedule:

June 4/6 1-4pm, June 11/13 1-4pm, July 16/18 8-11am, July 23/25 8-11am, July 27th 11-2pm.

Make up class for June 4th will be held June 6th 12-2pm

Make up class for June 6th will be held June 8th 9-11am

Make up class for June 11th will be held June 13th 12-2pm

Make up class for June 13th will be held June 15th 2-4pm

Make up class for July 16th will be held July 18th 12-2

Make up class for July 18th will be held July 20th 2-4pm

Make up class for July 23rd will be held July 25th 12-2pm

Make up class for July 25th will be held July 27th, 10a-12p for the class, and 12-2pm for the party.

Make up for the Paddle Party BBQ is Aug. 3rd, 10a-12p

Compensation:

Intern will be compensated \$12/hour up to a maximum of 50 hours.

How to apply:

Please send a resume and one letter of reference to Randi Hitchcock, Executive Director, at randi@upadowna.org, or call 719-429-9006 for more information. Applications close May 15th, 2019.

About UpaDowna:

We are based locally in Colorado Springs but serve folks globally as a means to bring people together in a celebration of like minded folks that have a need to cure “Nature Deficit Disorder”. We encourage participants to get outdoors to stop, listen, breathe deep, and become more aware of what it means to be alive. By reaching out through our community programs both educational and fun filled, we will show you the path into the hills by providing instructional classes as well as hands on experiences covering backpacking, hiking, camping, cycling, climbing, bouldering, wilderness survival, skiing, snowboarding, stand up paddleboarding and much, much more!



About Generation Wild:

Did you know that children today spend less time playing outside than past generations? That’s not just something old curmudgeons say. It’s true. On average, kids today only spend 4-7 minutes each day in unstructured play. Playing outside is more than a way to pass the time. It’s also an important part of a child’s development. Research has shown that children who play outside are more creative, less aggressive, less stressed, and have reduced ADHD symptoms. Plus, spending time in nature as a child helps you grow up to appreciate the environment as an adult. So, let’s work together to set our kids free and have them embrace their wild nature. Generation Wild was created by Great Outdoors Colorado (GOCO) to reconnect kids with nature and get them to experience the incredible benefits that are right outside the front door. Because kids grow better outside.



Kids grow better *outside.*